

Stem Center Clinician



Etienne Janco, LCSW,
LAC

Etienne's interventions include:
Cognitive Behavioral Therapy
Dialectical Behavioral Therapy
Mindfulness-based Cognitive Therapy
Motivational Interviewing
Attachment tTheory
EMDR

"I enjoy being present for others and have been practicing for over 15 years.

I am dedicated to providing a kind, caring, and safe place to begin therapy. I have a passion for personal healing and, as a result, assist others in their healing journey.

From my own life experiences with trauma and recovery, my approach to individual therapy is person-centered, strengths-based and mindfully compassionate."



www.stemcenterforstrength.org